



# May 2010

# Governor Mifflin School District

## Brecknock Elementary (menu subject to change with out notice)

"The Best Deal in Town"

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><i>Select one</i></p> <p><b>Chicken Quesadillas</b></p> <p><b>Cheeseburger on a Bun</b></p> <p><b>PB &amp; Jelly Uncrustable</b></p> <p><i>Select three</i></p> <p><b>Steamy Rice</b></p> <p><b>Steamy Peas</b></p> <p><b>Assorted Fresh Veggies/Dip</b></p> <p><b>Assorted Fruit</b></p> <p><b>Milk (Choice of one)</b></p> <p style="text-align: right;">3</p>	<p><i>Select one</i></p> <p><b>Mini Corn Dog Nuggets</b></p> <p>with or without Roll</p> <p><b>Cheeseburger on a Bun</b></p> <p><b>PB &amp; Jelly Uncrustable</b></p> <p><i>Select three</i></p> <p><b>Buttered Noodles</b></p> <p><b>Steamy Carrots</b></p> <p><b>Assorted Fresh Veggies/Dip</b></p> <p><b>Assorted Fruit</b></p> <p><b>Pudding</b></p> <p><b>Milk (Choice of one)</b></p> <p style="text-align: right;">4</p>	 <p><b>Cinco De Mayo</b></p> <p><i>Select one</i></p> <p><b>Cinco De Mayo Chicken Nuggets</b> Roll Optional</p> <p><b>Cheeseburger on a Bun</b></p> <p><b>PB &amp; Jelly Uncrustable</b></p> <p><i>Select three</i></p> <p><b>Nacho and Cheese</b></p> <p><b>Corn</b></p> <p><b>Assorted Fresh Veggies/Dip</b></p> <p><b>Assorted Fruit</b></p> <p><b>Churro</b></p> <p><b>Milk (Choice of one)</b></p> <p style="text-align: right;">5</p>	<p><i>Select one</i></p> <p><b>French Toast Stix and Scrambled Eggs /Syrup</b></p> <p><b>Chicken Burger</b></p> <p><b>* PB &amp; Jelly Uncrustable</b></p> <p><i>Select three</i></p> <p><b>Fruited Yogurt</b></p> <p><b>Hash Brown Patty</b></p> <p><b>Assorted Fresh Veggies/Dip</b></p> <p><b>Assorted Fruit</b></p> <p><b>Apple Crisp</b></p> <p><b>Milk (Choice of one)</b></p> <p style="text-align: right;">6</p>	<p><i>Select one</i></p> <p><b>Big Daddy's Pizza</b></p> <p><b>Cheeseburger on a Bun</b></p> <p><b>PB &amp; Jelly Uncrustable</b></p> <p><i>Select three</i></p> <p><b>Broccoli</b></p> <p><b>Assorted Fresh Veggies/Dip</b></p> <p><b>Assorted Fruit</b></p> <p><b>Milk (Choice of one)</b></p> <p style="text-align: right;">7</p>
<p><i>Select one</i></p> <p><b>Chicken Fryz</b></p> <p>with or without Roll</p> <p><b>Honey BBQ Chicken Nugget</b></p> <p><b>PB &amp; Jelly Uncrustable</b></p> <p><i>Select three</i></p> <p><b>Steamy Rice</b></p> <p><b>Carrots</b></p> <p><b>Assorted Fresh Veggies/Dip</b></p> <p><b>Assorted Fruit</b></p> <p><b>Milk (Choice of one)</b></p>	<p><b>Field Day</b></p> <p><i>Select one</i></p> <p><b>PB &amp; Jelly Uncrustable</b></p> <p><b>Cheese Sandwich</b></p> <p><i>Select three</i></p> <p><b>Baked Snack</b></p> <p><b>Fresh Mini Carrots</b></p> <p><b>Fruit Snack</b></p> <p><b>Fresh Apple Slices</b></p> <p><b>Milk (Choice of one)</b></p> <p><b>No Chef Salads Available today</b></p>	<p><i>Select one</i></p> <p><b>Cheese Pizza Stix</b></p> <p>with Dipping Sauce</p> <p><b>Honey BBQ Chicken Nugget</b></p> <p><b>PB &amp; Jelly Uncrustable</b></p> <p><i>Select three</i></p> <p><b>Peas</b></p> <p><b>Assorted Fresh Veggies/Dip</b></p> <p><b>Assorted Fruit</b></p> <p><b>Milk (Choice of one)</b></p>	<p><i>Select one</i></p> <p><b>Ham and Cheese Hoagie</b> with a Bag of Chips</p> <p><b>Honey BBQ Chicken Nugget</b></p> <p><b>PB &amp; Jelly Uncrustable</b></p> <p><i>Select three</i></p> <p><b>Steamy Peas</b></p> <p><b>Assorted Fresh Veggies/Dip</b></p> <p><b>Assorted Fruit</b></p> <p><b>Pudding</b></p> <p><b>Milk (Choice of one)</b></p>	<p><i>Select one</i></p> <p><b>Taco with Dipping Chips</b></p> <p><b>Honey BBQ Chicken Nugget</b></p> <p><b>PB &amp; Jelly Uncrustable</b></p> <p><i>Select three</i></p> <p><b>Cheese, Lettuce and Tomato Corn</b></p> <p><b>Assorted Fresh Veggies/Dip</b></p> <p><b>Assorted Fruit</b></p> <p><b>Milk (Choice of one)</b></p>

<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
<i>Select one</i> <b>Beef Bar- B- Q Sandwich</b> with a bag of chips  <b>Hot dog on a Bun</b> <b>PB &amp; Jelly Uncrustable</b> <i>Select three</i> <b>Baked Beans</b> <b>Broccoli</b> <b>Assorted Fresh Veggies/Dip</b>  <b>Assorted Fruit</b> <b>Milk (Choice of one)</b>	<i>Select one</i> <b>Popcorn Chicken</b>  with or without Roll <b>Hot dog on a Bun</b> <b>PB &amp; Jelly Uncrustable</b> <i>Select three</i> <b>Tator Tots</b>  <b>Steamy Carrots</b> <b>Assorted Fresh Veggies/Dip</b> <b>Assorted Fruit</b> <b>Milk (Choice of one)</b>	<i>Select one</i> <b>Pizza Hut's Pizza</b>  <b>Hot dog on a Bun</b> <b>PB &amp; Jelly Uncrustable</b> <i>Select three</i> <b>Cheddar Goldfish Snack</b> <b>Green Beans</b>  <b>Assorted Fresh Veggies/Dip</b>  <b>Assorted Fruit</b> <b>Milk (Choice of one)</b>	<b>Grillmore Day</b>	<i>Select one</i> <b>Land O Lakes® Macaroni and</b>   e   <b>g on a Bun</b> <b>illy Uncrustable</b> <i>Select three</i> <b>Beans</b>  <b>ed Fresh Veggies/Dip</b>
			<b>Give A Way Day</b>  <i>Select one</i> <b>Steak Sandwich</b> Cheese Sauce optional <b>Hot dog on a Bun</b> <b>PB &amp; Jelly Uncrustable</b>  <i>Select three</i>  <b>Baked Waffle Fries</b> <b>Broccoli</b> <b>Assorted Fresh Veggies/Dip</b> <b>Assorted Fruit</b> <b>Milk (Choice of one)</b>	
<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>

Available Daily

Chef Salads and Yogurt Bowls are available as a menu option. Garden Burger are available as a Entrée alternative.

If your child has special lunch needs, please contact the cafeteria manager. White; LF Chocolate; LF White Skim, Vanilla and Strawberry Milk available daily.

May 2010

# Governor Mifflin School District

## *Brecknock Elementary School*

School Lunch

"The Best Deal in Town"

*(menu subject to change with out notice)*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>Select one</i>	<i>Select one</i>	<i>Select one</i>	<i>Select one</i>	<b>Act 80 Day</b>
<b>Spaghetti and Meatsauce</b>	<b>Waffle Sticks and Sausage Links/ Syrup</b>	<b>Salisbury Steak in Gravy</b>	<b>Mickey's Chicken Nuggets</b>	





Assorted Milks	Assorted Fruit or Juice Assorted Milks	Assorted Milks	Assorted Fruit or Juice Assorted Milks	Assorted Milks
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