

# Kindergarten Snack Menu 2011-2012

## Governor Mifflin School District

Week #1					Week #2				
Monday	Tuesday	Wednesday	Thursday	Friday	Monday	Tuesday	Wednesday	Thursday	Friday
9 oz 19 gm carbs	1 oz 22.13 gm carbs	.50 oz 12 gm carbs	.75 oz 14 gm carbs	14 gm2pk 11 gm carbs	.39 oz serv 8.47 gm carbs	.75 oz serv 17 gm carbs	1 oz 22.13 gm carbs	.5 oz 11.14 gm carbs	1.3 oz 23 carbs
GoldFish Graham Cracker	Animal Crackers <b>* note peanuts</b>	Fun Size Pretzels	Multi-Grain Goldfish Cheddar Crackers	Graham Crackers	Mini Rice Krispy Treat	Gold Fish Pretzels	Animal Crackers <b>* note peanuts</b>	Teddy Grahams Cubs	Whole Grain Sugar Cookie <b>* note Peanuts</b>
4 oz 6.08 carb	4 oz 13 gm carbs	4 oz 6.08 carb	4 oz 15 gm carbs	4 oz 6.08 carb	4 oz 6.08 carb	4 oz 13 gm carbs	4 oz 6.08 carb	4 oz 15 gm carbs	4 oz 6.08 carb
Skim White Milk	100% Juice Apple Juice	Skim White Milk	100% Juice Fruit Punch	Skim White Milk	Skim White Milk	100% Juice Apple Juice	Skim White Milk	100% Juice Fruit Punch	Skim White Milk
29	30	31	<b>Sept. 1</b>	<b>X 2</b>	<b>X 5</b>	6	7	8	9
12	13	14	15	16	19	20	<b>▲21</b>	22	23
26	27	28	29	30	<b>Oct. 3</b>	4	5	6	7
<i>i</i> 10	11	12	13	14	17	18	19	20	21
24	25	26	27	<b>O 28</b>	31	<b>Nov. 1</b>	2	3	4
7	8	9	10	11	14	15	16	17	18
<b>▲21</b>	<b>▲22</b>	<i>i</i> 23	<b>X 24</b>	<b>X 25</b>	<b>X 28</b>	29	30	<b>Dec. 1</b>	2
5	6	7	8	9	12	13	14	15	16
19	20	<i>i</i> 21	<i>i</i> 22	<b>X 23</b>	<b>X 26</b>	<b>X 27</b>	<b>X 28</b>	<b>X 29</b>	<b>X 30</b>
<b>Jan. 2</b>	3	4	5	6	9	10	11	12	13
<i>i</i> 16	17	18	19	20	23	24	25	26	27
30	31	<b>Feb. 1</b>	2	3	6	7	8	9	10
13	14	15	16	17	<b>X 20</b>	21	22	23	24
27	28	29	<b>March 1</b>	2	5	6	7	8	9
<b>▲12</b>	13	14	15	16	19	20	21	22	23
26	27	28	29	<b>O 30</b>	<b>* April 2</b>	<b>* 3</b>	<b>* 4</b>	<b>X 5</b>	<b>X 6</b>
<b>X 9</b>	10	11	12	13	16	17	18	19	20
23	24	25	26	27	30	<b>May1</b>	2	3	4
7	8	9	10	11	14	15	16	17	18
21	22	23	24	<b>▲25</b>	<b>X 28</b>	29	30	31	<b>June 1</b>
4	5	6	7	8					

Please note: If your child has any special dietary needs, please contact their teacher.  
Apple Juice will be available daily.

In accordance with the Federal Law and the U.S. Dept. of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, nation origin, sex, age or disability. To file a complaint of discrimination, call (202)720-5964. EOE

There have been several requests from parents to change the flavor of milk or a certain snack because of their child's dislikes. The snack program was implemented to have your child experience a variety of different foods and beverages. The only time a change will be made for a snack offering, is if your child has a dairy or food allergy.

If your child does have any dairy or food allergies the forms are available in the building's office or the school nurse. After you have a physician's signature, return it to the school nurse, who will then forward the information to the food service department. If you have already filled out an allergy form, you do not have to complete a new one.