

May 2010



Senior High School

(menu subject to change without notice)

"The Best Deal in Town"

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><i>Select one</i></p> <p>Mustang Cheese Burger Grilled Chicken Patty on a Bun</p> <p><i>Select three</i></p> <p>Steamy Carrots Assorted Fresh Veggies/Dip Lettuce and Tomato Assorted Fruit Milk (Choice of one)</p> <p style="text-align: right;">3</p>	<p><i>Select one</i></p> <p>Papa John Pizza Grilled Chicken Patty on a Bun</p> <p><i>Select three</i></p> <p>Peas Assorted Fresh Veggies/Dip</p> <p>Assorted Fruit Milk (Choice of one)</p> <p style="text-align: right;">4</p>	<p><i>Select one</i></p> <p>Cinco De Mayo Chicken Nuggets Roll Optional Grilled Chicken Patty on a Bun</p> <p><i>Select three</i></p> <p>Nacho and Cheese Corn</p> <p>Assorted Fresh Veggies/Dip Assorted Fruit Churro Milk (Choice of one)</p> <p style="text-align: right;">5</p>	<p><i>Select one</i></p> <p>Turkey with Stuffed Pasta Grilled Chicken Patty on a Bun</p> <p><i>Select three</i></p> <p>Broccoli</p> <p>Assorted Fresh Veggies/Dip</p> <p>Assorted Fruit Power Ice Milk (Choice of one)</p> <p style="text-align: right;">6</p>	<p><i>Select one</i></p> <p>Cheese Pizza Stix with Dipping Sauce Grilled Chicken Patty on a Bun</p> <p><i>Select three</i></p> <p>Green Beans Assorted Fresh Veggies/Dip Assorted Fruit Milk (Choice of one)</p> <p style="text-align: right;">7</p>
<p><i>Select one</i></p> <p>Chicken and Cheese Quesadillas</p> <p>2 Hot dog on a Roll</p> <p><i>Select three</i></p> <p>Rice Broccoli</p> <p>Assorted Fresh Veggies/Dip Assorted Fruit Milk (Choice of one)</p> <p style="text-align: right;">10</p>	<p><i>Select one</i></p> <p>Popcorn Chicken with or without Roll</p> <p>2 Hot dog on a Roll</p> <p><i>Select three</i></p> <p>Bow Tie Noodles Steamy Carrots Assorted Fresh Veggies/Dip Assorted Fruit Milk (Choice of one)</p> <p style="text-align: right;">11</p>	<p><i>Select one</i></p> <p>Roast Beef and Cheddar Sandwich</p> <p>2 Hot dog on a Roll</p> <p><i>Select three</i></p> <p>Macaroni Salad Stewed Tomatoes</p> <p>Assorted Fresh Veggies/Dip Assorted Fruit Milk (Choice of one)</p> <p style="text-align: right;">12</p>	<p><i>Select one</i></p> <p>Spaghetti Shells with Meat sauce with or without Bosco Cheese Stick 2 Hot dog on a Roll</p> <p><i>Select three</i></p> <p>Green Beans</p> <p>Assorted Fresh Veggies/Dip Tossed Salad/ Dressing Assorted Fruit</p> <p style="text-align: right;">13</p>	<p><i>Select one</i></p> <p>Stromboli</p> <p>2 Hot dog on a Roll</p> <p><i>Select three</i></p> <p>Corn Pudding Assorted Fresh Veggies/Dip Assorted Fruit Milk (Choice of one)</p> <p style="text-align: right;">14</p>
<p><i>Select one</i></p> <p>Hot and Spicy Chicken Tender Sub</p> <p>Lettuce and Tomato Cheese Pizza</p>	<p><i>Select one</i></p> <p>Breaded Fish Sandwich</p> <p>Cheese Pizza</p> <p><i>Select three</i></p>	<p><i>Select one</i></p> <p>Oriental Chicken Stir-Fry with fortune cookie</p> <p>Cheese Pizza</p> <p><i>Select three</i></p>	<p><i>Select one</i></p> <p>Chicken Fryz/ Dipping Sauce</p> <p>with or without Dinner Roll Cheese Pizza</p>	<p>Imagine Day</p> <p><i>Select one</i></p> <p>Cheeseburger on a Bun 2 Hot dog on a Roll</p>

<i>Select three</i> Buttered Noodles Peas Assorted Fresh Veggies/Dip Assorted Fruit Milk (Choice of one) 17	Macaroni and Cheese Green Beans Assorted Fresh Veggies/Dip Assorted Fruit Milk (Choice of one) 18	Rice Assorted Fresh Veggies/Dip Assorted Fruit Pudding Milk (Choice of one) 19	<i>Select three</i> Scalloped Potatoes Broccoli Assorted Fresh Veggies/Dip Assorted Fruit Milk (Choice of one) 20	<i>Select three</i> Fresh Veggies Bag of Snacks Macaroni Salad Assorted Fresh Fruit Milk (Choice of one) 21
<i>Select one</i> Cheesy Steak Sandwich Cheeseburger on a Bun <i>Select three</i> Macaroni Salad Corn Assorted Fresh Veggies/Dip Assorted Fruit Milk (Choice of one) 24	<i>Select one</i> Pizza Hut's Pizza Cheeseburger on a Bun <i>Select three</i> Broccoli Assorted Fresh Veggies/Dip Assorted Fruit Milk (Choice of one) 25	<i>Select one</i> Hot Ham and Cheese on a Croissant Cheeseburger on a Bun <i>Select three</i> Steamy Carrots Assorted Fresh Veggies/Dip Assorted Fruit Pudding Milk (Choice of one) 26	<i>Select one</i> French Toast Sticks/ Syrup Cheeseburger on a Bun <i>Select three</i> Scrambled Eggs Green Beans Assorted Fresh Veggies/Dip Assorted Fruit Apple Crisp Milk (Choice of one) 27	<i>Select one</i> Chicken Nuggets & Roll Cheeseburger on a Bun <i>Select three</i> Buttered Noodles Peas Assorted Veggies Assorted Fruit Milk (Choice of one) 28
Memorial Day No School 31	Student Breakfast: \$1.25 Student Reduced Breakfast: \$.30 Adult Breakfast: \$1.85 Student Lunch: \$1.95 Student Reduced Lunch: \$.40 Student Mifflin Meal Lunch: \$2.25 Adult Lunch: \$3.25 or \$3.50 w/ Drink			

Available Daily

If your child has special lunch needs, please contact the cafeteria manager. White; LF Chocolate; LF White Skim, Vanilla and Strawberry Milk available daily.

Salad Bar is available as a menu option. Garden Burger and Yogurt Parfaits are available as a Entrée alternative.

School Lunch

May 2010

Governor Mifflin School District

"The Best Deal in Town"

Senior High School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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A
Breakfast variety will be available every morning. Breakfast Pizza, Low fat Pop Tarts, Assorted Cold Cereals, Low fat Muffins,

Breakfast Sandwiches, Breakfast Cereal Bars, and Pancakes.

and
Assorted Fruit or Juice
Milk (Choice of one)

and
Assorted Fruit or Juice
Milk (Choice of one)

and
Assorted Fruit or Juice
Milk (Choice of one)

and
Assorted Fruit or Juice
Milk (Choice of one)

and
Assorted Fruit or Juice
Milk (Choice of one)

Very Vanilla Soy Milk may now be used as a substitution for milk for Milk Allergies and will also be available for purchase for .75 cents.

In accordance with the Federal Law and the U.S. Dept. of Agriculture Policy,

this institution is prohibited from discriminating on the basis of race, color, nation origin, sex, age and disability. To file a complaint of discrimination,

call (202)720-5964. EOE