



Governor Mifflin Intermediate School January 2021 Menu



Monday	Tuesday	Wednesday	Thursday	Friday
1/4 Virtual Week	1/5 Curbside meals available to all outside the HS main office from 4-6 PM. Please sign up using the link on the GM Food Service page	1/6 Virtual Week	1/7 Virtual Week	1/8 Virtual Week
1/11 Pizza Day (Various Toppings) Veggies w/ Dip Fruit Cocktail Assorted Milks	1/12 Popcorn Chicken WG Dinner Roll Mashed Potatoes, Corn Applesauce Assorted Milks	1/13 Berks Hot Dog Macaroni and Cheese Baked Beans Fruit Cocktail Assorted Milks	1/14 French Toast sticks w/ syrup Scrambled Eggs Celery sticks (PB optional) Warm Cinnamon Apples Assorted Milks	1/15 General Tso's Chicken Vegetable Fried Rice Steamed Broccoli Diced Peaches Assorted Milks
1/18 Popcorn Shrimp Macaroni and Cheese Steamed Broccoli Apple Slices Assorted Milks	1/19 Mini Pancakes Turkey Sausage Links Hash Brown Patty Fruit Cocktail Assorted Milks	1/20 Nacho Grande Fiesta Black Beans Steamed Corn Lettuce, Tomato, Cheese Pineapple Tidbits Assorted Milks	1/21 White Bean Chicken Chili Tortilla Chips w/ Salsa Fresh Fruit Mini Soft Pretzel Assorted Milks	1/22 Cheese Lasagna Bread Stick Carrots w/ dip Sliced Peaches Assorted Milks
1/25 Meatball Sub Mozzarella Sticks Assorted Fresh Veggies Diced Peaches Assorted Milks	1/26 Hoagie Day (Italian, Turkey, Tuna) Fresh Veggies Bagged Snack Diced Pears Assorted Milks	1/27 Walking Taco Refried Beans Fire-Roasted Fiesta Corn Lettuce, Tomato, Cheese Apple Slices Assorted Milks	1/28 Chicken Parmesan Garlic Bread Side Salad Fruit Cocktail Assorted Milks	1/29 Early Dismissal -Ham & Cheese Sandwich -PB & Jelly Sandwich -Yogurt Bowl Fresh fruits & Fresh Veggies Assorted Milks
Alternate Options Pizza PB & Jelly Sandwich Yogurt Bowl	Alternate Options Hamburger/Cheeseburger Ham & Cheese Sandwich Yogurt Bowl	Alternate Options Crispy Chicken Wings Turkey and Cheese Sandwich Yogurt Bowl	Alternate Options Chicken Nuggets w/ Dinner Roll Chef Salad Yogurt Bowl	Alternate Options BBQ Pulled Pork Sandwich PB & Marshmallow Sandwich Yogurt Bowl

In accordance with the Federal Law and the US Dept of Agriculture Policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, and disability. To file a complaint of discrimination, call (202) 720-5964 EOE

Breakfast and lunch are available at zero cost for all students through 6/30/2021 due to an extension of the USDA's waiver. Money is only required for ala carte items at this time. Please monitor your child's account balance in Skyward under the Food Service tab. Online payments can be made at www.SchoolPay.com or sent in a labeled envelope turned into the main office.