

January 16, 2017

To: Spring Sports Head Coaches
From: Merry Swavely & Patrick Tulley
Re: Date, Times and Place of the Spring Sports Physicals

We will be using Berkshire Orthopedics this year for the administration of physicals to our athletes. The physicals will be given for the Spring Sports on **Tues., Feb. 21st**, in the Senior High Gymnasium. **Please take note that the physical date will be a Tuesday evening.** The time schedule is attached.

You should try to inform prospective athletes of the original date as soon as possible to avoid as many conflicts with other school activities as possible.

Athletes who had a physical for the fall/winter **MUST** have a parent complete a recertification form. The Athletic Trainer will decide if the recertification forms need to be signed by a physician. Please inform your athletes that the recertification form must be returned to me (Mrs. Swavely) by Feb. 15th.

NOTES

1. One coach MUST be present with each group.
2. All athletes **MUST** have their Physical forms completed and signed by a parent before they report for their physical.
3. All athletes must wear a T-shirt & shorts or loose fitting clothing and sneakers for the physical.
4. All physicals will remain in the Athletic Training Room at all times. Coaches will receive lists of athletes that can practice. Athletes will not be permitted to participate without approval of the trainer.
5. Make sure you pick up forms in my office. Hand them out at team meeting.

Times for Spring Sports Physicals are as follows:

Physical Date: **Tues., Feb. 21, 2017**
HS Main Gym

Time Schedule

5:00 pm	Girls Lacrosse
5:15 pm	Boys Lacrosse
5:30 pm	Boys Volleyball and Tennis
5:40 pm	J.H. & S.H. Baseball
5:50 pm	J.H. & S.H. Softball
6:00 pm	J.H. & S.H. Boys Track
6:10 pm	J.H. & S.H. Girls Track