

Dear Parent/Guardian,

Governor Mifflin School District is currently implementing an innovative program for our student-athletes. This program will assist our team physicians and athletic trainers in evaluating, treating and managing concussions. We have acquired a software tool called ImPACT (Immediate Post Concussion Assessment and Cognitive Testing). ImPACT is a computerized exam utilized in many professional, collegiate and high school sports programs across the country to successfully help diagnose and manage concussions.

The ImPACT test is given to athletes before beginning contact sport practice or competition. This non-invasive test is set up in “video-game” type format and takes about 30-45 minutes to complete. Essentially, the ImPACT test is a preseason physical of the brain. It tracks information such as memory, reaction time, speed and concentration.

If an athlete is believed to have suffered a concussion, ImPACT is used to help determine when the athlete has fully healed. Once the athlete is no longer symptomatic, a physician may require the athlete to re-take the test, and both the preseason and post-injury test data will be compared to help evaluate the injury. This will enable medical personnel to determine when an athlete is ready to begin a return-to-play protocol.

I wish to stress that the ImPACT testing procedure is non-invasive, and it poses no risk to your student-athlete. We are excited to implement this program given that it provides us the best available information for managing concussions and preventing potential brain damage that can occur with multiple concussions. The Governor Mifflin administration, coaching and athletic training staff are striving to keep your child’s health and safety at the forefront of the student’s athletic experience. If you could please return the following consent form with the appropriate signatures, we can begin testing as soon as possible. If you have any further questions regarding this program, please feel free to contact us at 610-775-9456 ext 6736.

Sincerely,

J. Greene

Tara Ludwig

Licensed Athletic Trainers