









Mustang Café's Senior High School Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31-Dec	1-Jan	2	3	4
Holiday No School	Holiday No School	Chicken Quesadillas Beans and Brown Rice Steamed Corn Pears, canned Assorted Milks	 Breaded Chicken Filled Jalapeno Sticks W/W Dinner Roll Buttered Noodles Broccoli Applesauce Delight Assorted Milks	Brunch For Lunch French Toast Sticks W/G with Scrambled Eggs Hash Brown Rounds School Made Blueberry Crisp Assorted Milks
7	8	9	10	11
Hearty Cheeseburger Macaroni with WW Cheesy Garlic Bread Stick Steamed Carrots Romaine Salad/ Lf Dressing Fruit Cocktail Assorted Milks	Popcorn Chicken W/W Dinner Roll Mashed Potatoes Green Beans Applesauce Assorted Milks 	Walking Taco with Apple Churro  Taco Fiesta Beans Flame Roasted Corn and Sweet Pepper Shredded Romaine Lettuce Diced Tomatoes Seasonal Fresh Fruit Assorted Milks	Pizza Hut Cheese or Pepperoni Romaine Salad/ Lf Dressing Broccoli Salad Fruit Cocktail Assorted Milks 	Cheese Pizza Sticks w/ Red Dipping Sauce Italian Wedding Soup/ crackers Peas Seasonal Fresh Fruit Assorted Milks
14	15	16	17	18
Meatball Sandwich Breaded Mozzarella Sticks Steamy Carrots Seasonal Fresh Fruit Assorted Milks	Oriental Chicken with Fortune cookie Fried Rice Oriental Stir Fry Blend Vegetables Egg Roll Oriental Chicken Salad Orange Wedges Assorted Milks	Homemade Chili with cheese Tortilla Chips Romaine Salad/ Lf Dressing Funnel Cake Pears, canned Assorted Milks	Breaded Chicken Chips with dipping sauce W/W Dinner Roll Deli Roasted Potatoes New! Broccoli Peaches, canned W/ G Cookie Assorted Milks	Breaded Popcorn Shrimp Macaroni & Cheese W/G Stewed Tomatoes Fruit Cocktail Assorted Milks
21	22	23	24	25
In-Service No School	Chicken Fryz W/W Biscuit Garlic Mashed Potatoes Peas Romaine Salad/ Lf Dressing Fruit Cocktail Assorted Milks	Nacho Grande' Flame Roasted Corn and Black beans Shredded Romaine Lettuce Diced Tomatoes PA Tidbits and Mandarin Oranges Assorted Milks 	Mighty Mustangs Brunch Scrambled eggs with a Bagel Breakfast Sausage and Bacon with egg meal only Hash Brown Rounds Apple or Cherry Fruit Pie Assorted Milks	Cafeteria will be open for grab n go meals Choices are: Hotdog, Hamburger and PB and Jelly Uncrustable Sa Baked Snacks Assorted Vegetables Assorted Fruit Assorted Milks 
28	29	30	31	1-Feb
Italian Stromboli with Red Sauce Broccoli Vegetable and Cheese Salad Fruit Cocktail Assorted Milks	Breaded Chicken Club Sandwich Southwest vegetable bean salad Peas Seasonal Fresh Fruit Assorted Pudding Assorted Milks 	Ham and Cheese Croissant Scalloped Potatoes Hummus with Celery Romaine Salad/ Lf Dressing Seasonal Fruit Assorted Milks	Pizza Hut Cheese or Pepperoni Romaine Salad/ Lf Dressing Steamed Corn Peach Cups Assorted Milks	Cheesy Calzone w/ Red Dipping Sauce Chicken Rice Soup/ Crackers Steamy Carrots Pears, canned Assorted Milks
4	5	6	7	8
Cheesy Steak Sandwich with Onion and Peppers Baby Baker Seasoned Potato Tomato Salad Peaches, canned Assorted Milks	Chicken Finger Strips of Fire! w/ dipping Sauce Steamy Broccoli Seasonal Fresh Fruit Assorted Milks	Walking Taco Refried Beans Steamed Corn Shredded Romaine Lettuce Diced Tomatoes Seasonal Fruit Assorted Milks 	Stuffed Cheesy Shells with Sauce with Cheesy Garlic Bread Stick Broccoli Romaine and Spinach Salad Pumpkin Dessert Assorted Milks	Breaded Popcorn Shrimp Mini Pierogies Steamed Carrots Romaine Salad/ Lf Dressing Pears, canned Assorted Milks 

AVAILABLE DAILY: NEW PUB BURGER, CHEESE PIZZA, CHICKEN WINGS, CHICKEN PATTY, FRESH MADE DAILY PANINI SANDWICH, HOAGIE BAR, ASSORTED FRESH SALAD BOWLS, PB&J UNCRUSTABLES, 100% FRUIT JUICE, ASSORTED FRUITS AND ASSORTED FRESH VEGETABLES.

In accordance with the Federal Law and the U.S. Dept. of Agriculture Policy, this institution is prohibited from discriminating on the basis of race, color, nation origin, sex, age and disability. To file a complaint of discrimination, call (202)720-5964. EOE

Note* Students are encourages to select one entrée and must take 1 serving of Fruit or Vegetable to make a meal. A total of 3 items must be taken to make a meal.

On-line payments may be made at SchoolCafe.com

This institution is an equal opportunity provider.