

Governor Mifflin School District

"The Best Deal in Town"

Menu subject to change without notice

Mustang Café's Elementary School Menu

(menu subject to change with out notice)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31-Dec Holiday No School	1-Jan Holiday No School	2 Chicken and Cheese Quesadillas Beans and Brown Rice Steamed Corn Pears, canned W/ G Cookie Assorted Milks	3 Corn Dog Nuggets Tator Tots Baked Beans X- ray Vision Carrots Seasonal Fruit Assorted Milks	4 Brunch for Lunch French Toast Sticks w/g Scrambled Eggs (French Toast only) Hash Brown Patties School made Apple Crisp w/g Assorted Milks
7 Cheesy Mustang Burger w/ ketchup on a w/g Bun Sidewinder BBQ Fries Silly Dilly Green Beans Peaches, canned Assorted Milks	8 Chicken and Waffle Bites w/g WW Dinner Roll Brown Rice Tiny Tree Tops Broccoli Seasonal Fresh Fruit Assorted Milks	9 Taco Mini Soft Pretzel Refried Beans Steamed Corn Shredded Romaine Lettuce Diced Tomatoes Strawberry Cup Assorted Milks	10 Turkey N' Gravy WW Dinner Roll Mashed Potatoes X- ray Vision Carrots Applesauce Delight W/ G Mini Choc Chip Cookie Assorted Milks	11 Cheese Pizza Sticks w/ Red Dipping Sauce Chicken n' Rice Soup/ crackers Steamy Peas Fruit Cocktail Assorted Milks
14 Cheesy Stuffed Pasta Shells with Texas Toast Garlic Bread Tiny Tree Tops Fresh Vegetables Assorted Milks	15 Breaded Chicken Drum Stick w/g Savory Sweet Fries X- ray Vision Carrots Romaine and Spinach Salad Fruit Cocktail Assorted Milks	16 Hot Ham and Cheese Croissant Sidewinder Fries Silly Dilly Green Beans Seasonal Fresh Fruit Assorted Milks	17 Brunch For Lunch Mini Pancakes / Syrup Sausage Links (with pancakes only) Fresh Celery Sticks (PB optional) School-made Baked Apple Crisp Assorted Milks	18 Cheesy Macaroni & Cheese Stewed Tomatoes Romaine and Spinach Salad Pears, canned Assorted Milks
21 In-Service Day No School	22 Chicken Fryzs W/W Dinner Roll French Fries Vegetable and Cheese Salad Cauliflower Fruit Cocktail Assorted Milks	23 Walking Taco Refried Beans Steamed Corn Shredded Romaine Lettuce Diced Tomatoes PA Tidbits and Mandarin Oranges Assorted Milks	24 Chicken Tenders with dipping sauce W/W Dinner Roll Buttered Noodles Tiny Tree Tops Assorted Fresh Fruit Assorted Milks	25 Half Day Ham and Cheese Croissant or PB and Jelly Uncrustable Sandwich or a Pizza Lunchable Meal Baked Snack Seasonal Fresh Fruit Assorted Milks
28 Spaghetti and Meatballs with a Texas Garlic Toast w/g only Tiny Tree Tops Romaine and Spinach Salad Peaches, canned Assorted Milks	29 Chicken Chips w/g with W/G Biscuit Mashed Potatoes Steamed Corn Pears, canned Assorted Milks	30 Pizza Hut Cheese or Pepperoni Fresh Celery Sticks Romaine and Spinach Salad Seasonal Fresh Fruit Assorted Milks	31 Hotdog on a W/G Bun Baked Beans Assorted Veggies with Dip Peaches, canned Assorted Milks	1-Feb Cheese Pizza Sticks w/ Red Dipping Sauce Grandma's Chicken Noodle Soup with crackers Silly Dilly Green Beans Seasonal Fresh Fruit Assorted Milks
4 Meatball Sub Sandwich Breaded Mozzarella Cheese Stick with meatballs only Tiny Tree Tops Applesauce Delight Assorted Milks	5 Tangerine Chicken w/ Fortune Cookie Chicken Egg Roll Oriental Noodle Nests Green Beans Orange Smiles Assorted Milks	6 Taco Refried Beans Steamed Corn Shredded Romaine Lettuce Diced Tomatoes PA Tidbits and Mandarin Oranges Apple Churro Assorted Milks	7 Brunch For Lunch Mini Pancakes / Syrup Sausage Links (with pancakes only) Fresh Celery Sticks (PB optional) Banana Assorted Milks	8 Breaded Popcorn Shrimp Potato Smiles X- ray Vision Carrots Pears, canned W/G Kellogg's Rice Krispy Treat Assorted Milks

AVAILABLE Options DAILY: Yogurt Bowls, Chef Salads Bowls, 100% Fruit Juice, Assorted Fruits and Vegetables
 Wednesday - Breaded Chicken Nuggets(roll optional) or a Ham and Cheese Sandwich
 Monday and Thursday - Cheese Pizza or a Peanut butter and Jelly Sandwich
 Tuesday and Friday - Hamburger on a Bun (cheese optional) optional or Peanut butter and Marshmallow Sandwich

SECOND CHOICE FOR WEEK

On-line payments may be made at SchoolCafe.com

Note* Students are encourages to select one entrée and must take 1 serving of Fruit or Vegetable to make a meal. A total of 3 items must be taken to make a meal.

Ala Carte Ice Cream to be sold every Tuesday and Thursday

Field Day and Field Trip Menu

Choice of sandwiches:
 Ham and Cheese Sandwich
 PB and Jelly Sandwich
 PB and Marshmallow Sandwich
 Bag of Snacks and Fresh Veggies
 Fresh Fruit
 Choice of bottled water, juice or milk
 or a Lunchables Meal

This Institution is an equal opportunity provider.