



## **HEALTH SERVICES GUIDELINES**

*Each elementary school has a full time nurse. All services are provided at the school your child attends.*

### **1. Prior to attendance:**

- Required immunizations must be completed (information given at registration)
- Physical examination – Grades K, 6, 11
- Dental examination – Grades K, 3, 7

**To avoid reminders, please inform the nurse of the date of your appointment or your desire for a school exam as soon as possible. After January, students without privately conducted exams will automatically be scheduled to see the school Doctor or Dentist.**

### **2. Health Services**

- Height, Weight and BMI –Taken yearly for Grades K-12
- Hearing Screening –  
This is only a screening. If a problem is found, a follow-up screening will be conducted. If problems persist, a notice will be sent home. Please have a physician complete the form, and return it to the nurse as soon as possible.
- Vision Screening –  
This is only a screening. If a problem is found, a follow-up screening will be conducted. If problems persist, a notice will be sent home. Please have a physician complete the form, and return it to the nurse as soon as possible. Any concerns regarding hearing/vision throughout the school year should be directed to the school nurse.
- Head Lice Check –  
Periodic checks of classrooms for head lice will be done throughout the year as needed. Any child found to have head lice or nits (eggs) will be excluded from school until completely clear of lice and nits. The child must be checked by the nurse prior to re-entry to school. We advise that a parent accompany the child to school when being readmitted. You will be given further information if this situation should occur with your child.

### **3. Emergency Forms:**

- Please indicate whether your child may take Tylenol (generic form) and Maalox (an antacid), if necessary.
- Please keep the emergency form up to date with employment and alternate phone number changes. It is extremely important that we have current phone numbers so that you can be contacted if an emergency arises with your child.
- **PLEASE HAVE STATE PHOTO ID WHENEVER PICKING UP YOUR CHILD.** Inform your emergency contact of these requirements before picking up your child.



#### **4. Health Room Visits:**

- The nurse is available to assess the problem – not to treat it. If anything requires more than very basic first aid, or there is a problem that requires a child to be excused from school, the parent will be notified. The parents, or someone they designate, will be expected to have the child picked up as soon as possible.
- Some conditions for which a child will be excused:
  - a. Fever (24-hour exclusion from time of fever without use of fever-reducing products)
  - b. Vomiting or diarrhea
  - c. Head lice
  - d. Reddened eyes with drainage (watery, itchy eyes usually denote allergies and exclusion is not necessary)
    - i. Must be given eye drops, ointment, or oral medication for 24 hours before returning to school.
    - ii. If medication is deemed necessary by a physician, a note stating this is a non-infectious condition signed by the physician will be needed to return to school.
  - e. Chicken Pox:
    - i. Child must be readmitted to class through the health room. A parent should accompany the child to school on the morning of his/her return.
    - ii. All pox marks must be dried and have scabs before the child will be allowed to attend school.
  - f. If a student has an infectious condition that requires antibiotic treatment, it is advisable that the child receive antibiotics 24 hours at home before returning to school.
  - g. If a student has an undiagnosed rash, a note stating this is a non-infectious condition and signed by the physician will be needed to return to school.

#### **5. Milk Sensitivity/Food Allergies:**

- If your child has milk sensitivity, a doctor's excuse or statement is needed so that soy milk can be substituted for the milk served at lunch time. This excuse must be updated yearly. The USDA form is available in the health room and on the district website. From the home page, choose "District Information" and then select "Forms & Publications."
- If at any time during the school year your child should develop a health problem or have a change in his/her health, please notify the nurse in order that their health record can be kept up-to-date. If there are any questions or concern any time throughout the school year, please feel free to contact the nurse in the appropriate building.

#### **6. Medication:**

- The administration of medication to students is a closely controlled situation. Whenever possible, medicine should be given before or after school. All medication (prescription and over the counter) must be accompanied by a request for administration from the parent and a physician. All medications must be brought to the health room in the original container (labeled by the pharmacy, if prescription). Forms are available in the health room and on the district website. From the home page, choose "District Information" and then select "Forms & Publications."