













Governor Mifflin School District

"The Best Deal in Town"

Menu subject to change without notice

Mustang Café's Elementary School Menu

(menu subject to change without notice)

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|--|--|--|
| <p>26-Aug</p> <p>Hotdog on a WG Bun Baked Beans Assorted Veggies with Dip Peaches, canned Assorted Milks</p>  | <p>27</p> <p>Popcorn Chicken Bites W/G W/W Dinner Roll Buttered Noodles Tiny Tree Tops Broccoli Applesauce Assorted Milks</p>  | <p>28</p> <p>Chicken and Cheese Quesadillas Beans and Brown Rice Steamed Corn Pears, canned W/ G Cookie Assorted Milks</p>  | <p>29</p> <p>Corn Dog Nuggets Tator Tots Baked Beans X- ray Vision Carrots Seasonal Fruit Assorted Milks</p>  | <p>30 Half Day</p> <p>Bag Lunch Day Ham and Cheese Croissant or PB and Jelly Uncrustable Sandwich or a Pizza Lunchable Meal Baked Snack Seasonal Fresh Fruit Assorted Milks</p> |
| <p>2-Sep</p> <p>Holiday No School</p>  | <p>3</p> <p>Yummy!! Chicken and Waffle Bites w/g W/W Dinner Roll Brown Rice Tiny Tree Tops Broccoli Seasonal Fresh Fruit Assorted Milks</p>  | <p>4</p> <p>Taco Mini Soft Pretzel Fiesta Beans Steamed Corn Shredded Romaine Lettuce Diced Tomatoes Strawberry Cup Assorted Milks</p>  | <p>5</p> <p>Turkey N' Gravy W/W Dinner Roll Mashed Potatoes X- ray Vision Carrots W/ G Mini Choc Chip Cookie Assorted Milks</p>  | <p>6</p> <p>Cheese Pizza Sticks w/ Red Dipping Sauce Chicken n' Rice Soup/ crackers Steamy Peas Fruit Cocktail Assorted Milks</p> |
| <p>9</p> <p>Hot Ham and Cheese Croissant Sidewinder Fries Tiny Tree Tops Romaine and Spinach Salad Assorted Milks</p>  | <p>10</p> <p>Breaded Chicken Drum Stick w/g Savory Sweet Fries Baked Beans Fruit Cocktail Assorted Milks</p>  | <p>11</p> <p>Brunch for Lunch Mini Pancakes/Syrup Sausage Links (with pancakes only) Celery Sticks (PB optional) School-Made Fruit Crisp Assorted Milks</p>  | <p>12</p> <p>Chicken Parmesan Baked Ziti Silly Dilly Green Beans Seasonal Fresh Fruit Assorted Milks</p>  | <p>13</p> <p>Cheesy Macaroni & Cheese Stewed Tomatoes Romaine and Spinach Salad Pears, canned Assorted Milks</p> |
| <p>16</p> <p>Chicken Sliders on bun Cauliflower Romaine and Spinach Salad Applesauce Delight Assorted Milks</p>  | <p>17</p> <p>Chicken Fryz W/W Dinner Roll French Fries Vegetable and Cheese Salad Fruit Cocktail Assorted Milks</p> | <p>18</p> <p>Walking Taco Refried Beans Steamed Corn Shredded Romaine Lettuce Diced Tomatoes PA Tidbits and Mandarin Oranges Assorted Milks</p>  | <p>19</p> <p>Chicken Tenders with dipping sauce W/W Dinner Roll Buttered Noodles Tiny Tree Tops Assorted Fresh Fruit Assorted Milks</p>  | <p>20 Half Day</p> <p>Bag Lunch Day Ham and Cheese Croissant or PB and Jelly Uncrustable Sandwich or a Pizza Lunchable Meal Baked Snack Seasonal Fresh Fruit Assorted Milks</p>  |
| <p>23</p> <p>Spaghetti and Meatballs with a Texas Garlic Toast w/g only Tiny Tree Tops Romaine and Spinach Salad Peaches, canned Assorted Milks</p>  | <p>24</p> <p>Chicken Chips w/g with W/G Biscuit Mashed Potatoes Steamed Corn Pears, canned Assorted Milks</p> | <p>25</p> <p>Pizza Hut Cheese or Pepperoni Pasta salad Romaine and Spinach Salad Seasonal Fresh Fruit Assorted Milks</p>  | <p>26</p> <p>Hotdog on a WG Bun Baked Beans Assorted Veggies with Dip Peaches, canned Assorted Milks</p>  | <p>27</p> <p>Cheese Pizza Sticks w/ Red Dipping Sauce Grandma's Chicken Noodle Soup with crackers Silly Dilly Green Beans Seasonal Fresh Fruit Assorted Milks</p>  |
| <p>30</p> <p>Meatball Sub Sandwich Breaded Mozzarella Cheese Stick with meatballs only Tiny Tree Tops Applesauce Delight Assorted Milks</p>  | <p>1-Oct</p> <p>Tangerine Chicken w/ Fortune Cookie Chicken Egg Roll Fried Rice Green Beans Orange Smiles Assorted Milks</p>  | <p>2</p> <p>Taco Refried Beans Steamed Corn Shredded Romaine Lettuce Diced Tomatoes PA Tidbits and Mandarin Oranges Assorted Milks</p>  | <p>3</p> <p>Brunch For Lunch Mini Pancakes / Syrup Sausage Links (with pancakes only) Fresh Celery Sticks (PB optional) Banana Assorted Milks</p> | <p>4</p> <p>Breaded Popcorn Shrimp Potato Smiles X- ray Vision Carrots Pears, canned W/G Kellogg's Rice Krispy Treat Assorted Milks</p>  |

AVAILABLE Options DAILY: Yogurt Bowls, Chef Salads Bowls, 100% Fruit Juice, Assorted Fruits and Vegetables
 Wednesday - Breaded Chicken Nuggets(roll optional) or a Ham and Cheese Sandwich
 Monday and Thursday - Cheese Pizza or a Peanut butter and Jelly Sandwich
 Tuesday and Friday - Hamburger on a Bun (cheese optional) optional or Peanut butter and Marshmallow Sandwich

SECOND CHOICE FOR WEEK

On-line payments may be made at SchoolCafe.com

Note* Students are encourages to select one entrée and must take 1 serving of Fruit or Vegetable to make a meal. A total of 3 items must be taken to make a meal.

Ala Carte Ice Cream to be sold every Tuesday and Thursday



This Institution is an equal opportunity provider.

Field Day and Field Trip Menu

Choice of sandwiches:
 Ham and Cheese Sandwich
 PB and Jelly Sandwich
 PB and Marshmallow Sandwich
 Bag of Snacks and Fresh Veggies
 Fresh Fruit
 Choice of bottled water, juice or milk
 or a Lunchables Meal