










Mustang Café's Senior High School Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>10-Feb</p> <p>Chicken Nuggets W/G W/W Dinner Roll Baby Baker Seasoned Potato Green Beans Peaches, canned Assorted Milks</p>	<p>11</p> <p>Cheese Pizza Sticks w/ Red Dipping Sauce Peas Seasonal Fresh Fruit Assorted Milks</p>	<p>12</p> <p>Chicken Quesadillas Beans and Brown Rice Steamed Corn Pears, canned Assorted Milks</p> 	<p>13</p> <p>Deluxe Grilled Cheese Tomato Soup with crackers Steamed Broccoli Applesauce Delight Assorted Milks</p>	<p>14- Early Dismissal</p> <p>Cafeteria will be open for grab n go meals Choices are: Hotdog, Hamburger and PB and Jelly Uncrustable Sandwich Baked Snacks Assorted Vegetables Assorted Fruit Assorted Milks</p> 
<p>17</p> <p>Holiday No School</p>	<p>18</p> <p>Popcorn Chicken W/W Dinner Roll Mashed Potatoes Steamed Corn Applesauce Assorted Milks</p> <p><i>Mashed Potato Bowls Available</i></p> 	<p>19</p> <p>Walking Taco Taco Fiesta Beans Shredded Romaine Lettuce Diced Tomatoes Seasonal Fresh Fruit Assorted Milks</p> 	<p>20</p> <p>Domino's Pizza Cheese or Pepperoni Side Salad Fruit Cocktail Assorted Milks</p>	<p>21</p> <p>Chicken Cheesesteak Deli Roasted Potatoes Carrots w/ Dip Seasonal Fresh Fruit Assorted Milks</p>
<p>24</p> <p>Corn Dog Nuggets Macaroni and Cheese Baked Beans Applesauce Assorted Milks</p>	<p>25</p> <p>Oriental Chicken with Fortune cookie Fried Rice Oriental Stir Fry Blend Vegetables Egg Roll Orange Wedges Assorted Milks</p>	<p>26</p> <p>Homemade Chili with cheese Tortilla Chips Steamed Broccoli Funnel Cake Pears, canned Assorted Milks</p>	<p>27</p> <p>Buffalo Chicken Dip w/ WG chips Carrots and celery Canned Peaches Assorted milks</p>	<p>28</p> <p>Breaded Popcorn Shrimp W/G Dinner roll Scalloped Potatoes Fruit Cocktail Assorted Milks</p>
<p>2-Mar</p> <p>Meatball Sandwich Breaded Mozzarella Sticks Steamy Carrots One Fish, Two Fish Dr. Seuss dessert Seasonal Fresh Fruit Assorted Milks</p>	<p>3</p> <p>Popcorn Chicken Bowl Mashed Potatoes and gravy Steamed Corn Applesauce Assorted Milks</p>	<p>4</p> <p>Nacho Grande' Flame Roasted Corn and Black beans Shredded Romaine Lettuce Diced Tomatoes PA Tidbits and Mandarin Oranges Assorted Milks</p> 	<p>5</p> <p>Chicken Fry W/W Biscuit Steamed Carrots Side Salad Fruit Cocktail Assorted Milks</p> 	<p>6</p> <p>Mighty Mustangs Brunch Scrambled Eggs with a bagel Breakfast sausage and bacon (optional) Hash brown rounds Apple or cherry fruit pie Assorted milks</p>
<p>9</p> <p>Domino's Cheese or Pepperoni Side salad with low fat dressing Carrots with dip Diced pears Assorted Milks</p>	<p>10</p> <p>Breaded Chicken Club Sandwich Southwest vegetable bean salad Peas Seasonal Fresh Fruit Assorted Pudding Assorted Milks</p> 	<p>11</p> <p>Ham and Cheese Croissant Scalloped Potatoes Hummus with Celery Romaine Salad/ Lf Dressing Seasonal Fruit Assorted Milks</p>	<p>12</p> <p>Italian Stromboli with Red Sauce Broccoli Vegetable and Cheese Salad Fruit Cocktail Assorted Milks</p>	<p>13</p> <p>Cheese Pizza Sticks w/ marinara sauce Side Salad Peach cup Assorted Milks</p>
<p>16</p> <p>Cheesy Steak Sandwich with Onion and Peppers Baby Baker Seasoned Potato Tomato Salad Peaches, canned Assorted Milks</p>	<p>17</p> <p>Chicken Fingers w/ dipping Sauce Rice Steamy Broccoli Seasonal Fresh Fruit Assorted Milks</p>	<p>18</p> <p>Walking Taco Refried Beans Steamed Corn Shredded Romaine Lettuce Diced Tomatoes Fresh Fruit Assorted milks</p> 	<p>19</p> <p>Chicken Sliders on bun Deli Roasted Potatoes Baked Beans Romaine and Spinach Salad Applesauce Delight Assorted Milks</p>	<p>20</p> <p>Breaded Popcorn Shrimp Mini Pierogies Steamed Carrots Romaine Salad/ Lf Dressing Pears, canned Assorted Milks</p> 

Governor Mifflin Food Service can always use substitute staff. Please contact Laura Gudikunst at Laura.Gudikunst@gmsd.org if interested.

AVAILABLE DAILY: NEW PUB BURGER, CHEESE PIZZA, CHICKEN WINGS, CHICKEN PATTY, FRESH MADE DAILY PANINI SANDWICH, HOAGIE BAR, ASSORTED FRESH SALAD BOWLS, PB&J UNCRUSTABLES, 100% FRUIT JUICE, ASSORTED FRUITS AND ASSORTED FRESH VEGETABLES.

Agriculture Policy, this institution is prohibited from discriminating on the basis of race, color, nation origin, sex, age and disability. To file a complaint of discrimination, call (202)720-5964. EOE

Note* Students are encouraged to select one entrée and must take 1 serving of Fruit or Vegetable to make a meal. A total of 3 items must be taken to make a meal.

Online payments may be made at SchoolPay.com

This institution is an equal opportunity provider.